

# Preschool Open Gym (6mos-6yrs w/parent)

## Instructor: Sharon Adamek

Sharon started as a volunteer at the DCRC front desk 14 years ago while her six month old daughter Kaylee stayed in the Wee Folk Room. Several months later she was offered a part time position with the Preschool/Youth division. Now Sharon's daughter is a sophomore at Dublin Coffman and she is happy to still be working with Preschool/Youth programs in a variety of roles. Sharon is looking forward to seeing you and interacting with the children during the Preschool Open Gym program!



## Meeting Dates/Times/Location

Mondays AND Fridays, January 7 – May 24, 9 – 11 a.m., DCRC Gymnasium B

## Days Off

There is **NO** Gym Jan. 18 & 21, Feb. 15 & 18, Mar. 25 & 29, Apr. 1 & 19 (Dublin Schools are closed). If schools close due to inclement weather on a Monday or Friday, Open Gym will **not** be held. One/two hour school delays do not affect Preschool Open Gym – regular hours will be held.

## Program Overview

The gym is set up with age appropriate toys and equipment for you and your child to play and have a safe, fun time! Program rules are on the back side of this sheet.

## Program Expectations for Parents

An adult must accompany every child or family of children. This program is not intended for daycares or playgroups.

**Parents need to show a state ID card or DCRC Membership Card at the check-in desk to participate in Preschool Open Gym.**

## Program Fees/Supplies/Dress

The fee is \$3 per child/per visit or purchase a POG pass for \$30 (11visits). This fee applies to both residents and non-residents. Wear comfortable clothing that allows for freedom of movement. Both parents and participants are required to remove their shoes for this program so please be prepared to go barefoot or bring/wear socks.



## Preschool Open Gym Rules

**#1** Please pay \$3 per child per visit. **All participants must show a State, school, or DCRC photo ID.** Parents may purchase a POG pass for \$30. Upon entering the gym, present the receipt (or pass) to the Open Gym Supervisor and sign the release form appropriately. The fee applies to all children on the equipment and involved in the program. This program is designed for children 6 months – 6 years of age. Parents are encourage to place children young than 6 months or older than 6 years in our Wee Folk Room.

**#2** Please stay with your child **AT ALL TIMES!** This program is designed so you and your child have an opportunity to safely play and have fun together. We require a ratio of at least one parent for every three children (1:3). We ask that you please put reading materials aside during this time and make sure to keep track of your child when socializing with other parents. **Please keep children away from the stairs leading to the track.** We have an open gym supervisor on site during the program for assistance, but the parent/guardian is ultimately responsible. Always know your child's whereabouts.

**#3** When playing on the mats please take off your shoes and your child's shoes. We have this rule for two reasons: First, because it is safer for the children. Little ones roll, crawl & play on the mats and it is easy to step on fingers and hands. Second, removing shoes helps keep the equipment in good shape for this program, as well as for other recreation programs we offer.

**#4** There is no food or drink allowed in the gymnasium. If your child needs a snack or drink, there is a lobby with tables and chairs for your convenience. Please check in/out with the Open Gym Supervisor if you must leave the gym for any reason and wish to return.

**#5** This is a program designed to provide an opportunity for parents and children to play safely and enjoy time together. For this reason we do not permit day care centers/homes and other play groups.

**#6** Please be aware that if your child becomes ill or vomits during Preschool Open Gym, they must be removed from the facility right away. Our staff will make sure that the area and all equipment is cleaned and sanitized before allowing the program to continue. Refunds are not available due to illness.

**#7** Have fun and enjoy this time together!

### Program Evaluations:

Please let us know how we are doing, and what you would like to see included at Preschool Open Gym!

You can access this survey at anytime: <http://www.surveymonkey.com/s/KPH2R5C>